

REGION IV MENTAL HEALTH BOARD MINUTES

March 8, 2011 - 12:00 TO 2:00 PM

Ada County Sheriff's Office

7200 W Barrister, Boise, ID

CHAIR: Greg Dickerson

VICE CHAIR:

Attendees: Vern Garrett, Mary Rong, Mechelle Wilson, Judi Corlett, Arlie Shaw, Elizabeth Baker, Douglas Miller, Kate Pape, Laura Thomas, Gina Westcott, Jennifer Burlage, Russell Duke, Vern Bisterfeldt, Gayle Larson

Agenda	Presenter	Discussion	Action/Next Steps
Introductions and Attendance	Gina Westcott	Board members introduced themselves to Ray Moore, Valley County's new Commissioner, Arlen "Arlie" Shaw, Elmore County's new Commissioner and welcomed them to the Board. Vern Bisterfeldt, Ada County's new Commissioner was welcomed when he arrived.	
Review Agenda Approval of last meeting's minutes	Gina Westcott	No additional agenda items were added. Since a quorum did not exist, voting on approving last meeting's minutes could not take place.	
Changes for Region 4 Mobile Crisis and	Gina Westcott Jennifer Burlage	<p>Gina and Jennifer explained that 2-1/2 years ago Region 4 had a contract with Ada County which paid \$240,000.00 for the purpose to help Region 4's Mobile Crisis Unit (MCU) provide diversion services which kept many people away from the ER. MCU staff were able to go out into the community, meet with law enforcement officers and divert people to other services before being placed on a 24 hour hold. Back at this time MCU did 100 to 120 D.E.s per month. Since the contract ended, MCU has lost some staff and resources to continue the outreach. Now MCU is processing 140 to 160 D.E.s per month, which means more people going to the hospital, more costs to the counties for these hospitalizations, more people going to court, etc. One designated exam take approximately six hours and a hold that goes to commitment could go as long as seven days.</p> <p>Commissioner Bisterfeldt said that it is costing Ada County \$1,960.00 per day for involuntary admits to the hospital and that the Supreme Court ordered Ada County to pay hospital the full price.</p>	

		<p>MCU is initiating a returning to the “old days” to become more “mobile” in the community once again. Jennifer reported she has been meeting with community partners such as law enforcement, hospital emergency rooms, etc., to set up a process for diverting. She has started a CIT program with law enforcement. They are looking closer at Allumbaugh House as to how beds are used. MCU will help discern who should use those beds to help divert people from the ER and involuntary admits.</p> <p>MCU will also utilize the drop-in clinic supported by Human Supports, Idaho Hope, which is a clinic operated by Pioneer Health, using a Grant the Department received. Idaho Hope can handle 60 people at a time and do case management for up to nine month for indigent people of the counties in Regions 3 and 4.</p> <p>Doug mentioned that he will ask law enforcement in the rural counties to call MCU on all holds with follow-up with the clinician the next day. Jennifer said she would work with Doug to set up a process. Doug asked that when we communicate with law enforcement to also include the prosecuting attorneys.</p> <p>Region 4 will be hiring a part-time Designated Examiner to take some of the pressure off the rest of the staff.</p>	
Region 4 Budget Issues	Gina Westcott	Gina reported the Region 4 budget will fare okay. She is not anticipating any cuts. That doesn't mean the next Fiscal Year funding will be the same.	
Senate Bill 1104, Medicaid Reduction Bill & Executive Order 2011-01	All	<p>SB-1104 reduces and places a cap on Adult PSR. 19-21 year olds would have a five hour cap. 22-adult would have a four hour cap. The bill also would require any PSR plan to be approved by a Board certified psychiatrist.</p> <p>The ICCSA is a Behavioral Health Interagency Cooperative, a new group, has been formed to recommend changes. The Chair is Department Director, Dick Armstrong.</p>	
Idaho Recovery Conference	Gina Westcott	The Idaho Recovery Conference, in collaboration with Mental Health Regions 3, 4 and 5 and the Idaho Federation, will be June 16 and 17. The focus will be on mental Health recovery and resiliency across the life time. There will be different tracks and breakout sessions. Edgar Conn, creator of Time Bank, will be a speaker, as well as Dr. Steven Wilson, who is an expert in mental health recovery. Topics will include peer support mental health court panel, children's	

		mental health and youth and CIT. March 15 th is the next committee meeting.	
Member reports and Updates CMH Subcommittee Update RAC Update	All	<p>Vern G. reported his concern about the Substance Abuse budget, but is not anticipating any cuts.</p> <p>Mechelle reported Children's Mental Health is moving along with recognizing their targeted population. One year ago CMH was split in two teams – Court and Community (voluntary). Now 86% of staff are with the Court process. There is no longer and official Voluntary team. Now, 10% of work is for the voluntary cases, which used to be 50%.</p> <p>Gina asked Doug how Christy is doing in Valley County. Doug said her response is great and their working relationship is wonderful. There has been some difference of opinion regarding 24 hour holds and asked Jennifer to come up to Valley County and meet with all involved.</p> <p>Kate commented that mental holds are very complicated, even with the same facility. They have been trying to have their nurses do intake assessments during booking on each incoming inmate for the last five years, but haven't been able to. The deputys are now doing it. Nurses have been needed for more urgent services. They need the assessing tool and transition out tool that other jails have. They are trying to get there.</p> <p>Laura reported RAC had a person from BSU attend their meeting on 3/7 who told them about their Service-Learning program and how organizations can become involved. If the Region 4 Board wanted a presentation, this person may be available to talk at a future meeting.</p>	
Other Board Items			
		Meeting adjourned.	

Next meeting is April 12, 2011 at the Ada County Sheriff's Department.